



Mental Health Support and Information

National Alliance on Mental Illness (NAMI) V.B. 499-2041

Email mail@namivb.org Website www.namivb.org

Consumer Support Groups Call Adrienne at **270-3751**

Meets in Pembroke 3, Suite 140

Tues. 7:00–8:30p.m. Thurs. 11a.m.- 12:30p.m.

Consumer Education Classes – Call Connie at **385-0801**

Family Education Classes

Basics education classes on mental illness of children and adolescents . Call Carolyn at **385-0802**

Friends and Family education class about substance use disorders. Call LeAnne at **385-0800**

MESA education classes on mental illness. Carolyn at **385-0802**

Family Support Groups

Care and Share meets 2nd and 4th Wednesday of each month.
7:00p.m.– 8:30p.m. Pembroke 3, Suite 140, Call **499-2041**

Family & Friends Support Group for family and friends of addicts.
Tuesdays at 7:00 p.m. 2nd floor conference room, Spring Branch
Community Church. Call Nan at **227-5019**

